

Accredited to deliver MHFA  
Courses by MHFA Australia



**MENTAL  
HEALTH**  
FIRST AID

**WANT TO HELP**  
the mental health of your community?

## **Attend a 12-hour Standard Mental Health First Aid (SMHFA) Course**

**This course teaches first aid skills for adult members of the public to give initial help to adults experiencing mental health problems, in a mental health crisis situation, or in the early stages of a mental illness.**

Where:

When:

Instructor(s):

Cost:

If you're interested in attending this 12-hour SMHFA course, please contact:

Contact name:

Phone:

Email:

Additional information:

**For further information about  
Mental Health First Aid Australia,  
please visit our website at:  
[www.mhfa.com.au](http://www.mhfa.com.au)**

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